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PRIVATHOSPITAL

Information om kosmetisk næseoperation

How is cosmetic nose surgery carried out?

During a cosmetic nose surgery, most of the incisions are made on the inside of the nostrils in order to avoid visible scars. Often, a small incision is also made on the bottom of the nose. If the tip of the nose is too large or bulbous, part of the nasal cartilage is removed and if necessary, the bottom tip of the nasal septum as well. For a high nasal bridge, cartilage as well as the hump on the nasal bone are removed through a "channel" which is made on the inside of the nostrils. For wide nasal bones, the nasal bone is osawn so that it can be reshaped. If the nostrils are too wide, a small part of the wing of the nose is removed. The operation is usually carried out under general anesthesia, followed by hospitalization.

At the end of the surgery, a cast is applied to the nose. The cast and the stitches are removed after a week. It is important to be careful and avoid bumping or hurting the nose which could push it out of shape. You may experience the nose feeling stuffy in the beginning. Also, you should be careful blowing your nose for the first 2-3 weeks after the surgery. Work can usually be resumed after about 2 weeks. Sport can be resumed after about 4 weeks, while being is careful and avoiding bumping or hurting the nose. The nose swells in the beginning, but swelling subsides gradually. The last remains of the swelling subside very slowly. The final result can be assessed after 6 to 12 months.

Side effects and complications

There is hardly any pain after the surgery. The cheeks may swell a bit and there are often bruises and swelling under the eyes. After the cast has been removed, the nose is a bit swol-

len. It takes about two weeks for the patient to look somewhat normal again. The mucous lining of the nose is swollen in the beginning, resulting in reduced passage of air. The sense of smell may be reduced in the beginning.

Bleeding and infections appear very rarely after this surgery. The final result of cosmetic nose surgery can be hard to predict. In some cases, swelling does not resolve as expected, the bottom cartilage becomes irregular, and sometimes the nasal bone pushes back in to place. Reduced nasal air flow may also appear. Most problems can be corrected with another surgery.

Very rare complications: Sudden nose bleeding following the operation. Permanently reduced nasal air flow. Permanently altered sense of smell and taste. Damage to the tear ducts. Skin damage with subsequent scarring.

Results

In general, a smaller, and more even nose which matches the face better. After the swelling subsides, one must expect that the result is unchanged in the years to come. Noses grow bigger as you get older.

First consultation

One week must pass from the first consultation before the operation can be carried out. Consent to the surgery can only be granted when the one week has passed. You can bring assessor to accompany during the consultation.