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PRIVATHOSPITAL

Information on neck lift surgery

How is a neck lift surgery performed?

The surgery is performed under local anesthesia. A Z-shaped incision is made on the front of the neck. The excess skin is removed and the skin is sutured with thin threads. After the surgery, a bandage is applied to the neck and head area. The bandage can be removed after a few days. The threads are removed after one week.

Consequences and complications

Swelling and discoloration of the skin on the neck will always be present. You may experience temporary changes in sensation of the skin. The most important consequence of the surgery is the scar. The scar is placed in a Z-shape on the front of the neck and will be red in the beginning. The redness subsides after some time; usually a couple of months, and the scar slowly turns white.

Bruises that demand new surgery are rare. Infection of the wound is rare, too. Scars that remain thickened and red for a longer while can occur.

Durability

The turkey neck on the front of the neck has been removed, but there will be more or less visible scars instead. The result is likely durable for several years, but it is not permanent as it follows the same rate of aging as the rest of the body.

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First consultation

From your first consultation, a minimum of one week should pass before you can have the surgery. Final consent to the surgery can only be given after this time period. You can bring an assessor with you during your first consultation.

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