

PRINTZLAU

PRIVATHOSPITAL

Information on botox and fillers

Is botox or filler for you?

Botox and fillers are used for treatment of the face, typically, in the early stages of age-related changes while extensive age-related changes in the face are best treated with surgery.

The typical treatments would be smoothening wrinkles in between the brows, on the forehead, around the eyes or filling hollows under the eyes, furrows on the cheeks or enlarging lips.

How?

Botox is a neurotoxin. Botox can accurately paralyze the muscles by blocking the nerve ends' receptors. The effect of botox wears off over a period of about 3 months as the nerves form new receptors.

Deeper wrinkles in the face, especially those on the forehead, in between the brows or smile wrinkles around the eyes can be smoothened by paralyzing the underlying mimic muscles with botox.

Fillers come in many different types. Generally speaking, they can be parted into permanent and temporary fillers. Permanent fillers are generally not advised for use in the face due to a lack of knowledge on long-term effects and because it is largely impossible to correct any problems related to permanent fillers. The most common temporary fillers consist of different proteins that bind water extremely efficiently, so-called hyaluronic acids.

The protein is slowly broken down in the body, which is why the effect wears off over the course of months.

First consultation

Before your first consultation you are given a form regarding your general health, allergies, medication and personal data. You will also receive a consent form in regards to the treatment and the communication between the hospital and third parties. During your first consultation you will have your picture taken for documentation of the treatment (before- and after pictures). All of these data are protected by legislation on personal data and our confidentiality.

You will receive written information about the treatment.

In regards to Danish legislation on cosmetic treatment, a minimum of 2 days before you can schedule a treatment with botox or filler. You have the right to bring an assessor with you to your first consultation if you wish to do so.

Consequences

Ideally, there should be no side effects or consequences of the treatment apart from the desired cosmetic change.

Immediately after the treatment, there will be some soreness and small marks on the skin from the injection. You may also experience some swelling that subsides during the first few days after treatment.

Complications

Botox

During the injection, the wrong muscles may be affected, which can lead to unintended effects that will not wear off until 3 months later. If botox is administered very often, the muscles that are treated will not have time to recover, which can lead to permanent weakening

of the muscles. That is the reason why new botox treatment is not indicated until the effects of the last treatment have worn off.

Fillers (non-permanent)

Overtreatment with filler obviously causes a somewhat “swollen” appearance until the effect of the filler has worn off. Permanent “swellings” and nodules after treatment with non-permanent fillers have been described. Most often that happens due to an infection response (the body’s own reaction), which is later replaced with scar tissue.

When injecting botox and fillers infection can occur where the syringe entered the injected skin, however, this rarely results in permanent damage.

Durability

The effect of botox wears off after 3 months, but the result of the following botox treatments may last up to 6 months.

Non-permanent fillers come in many different formulas lasting anywhere from 3 and even up to 12 months.